

# HOW TO USE A RINGBUOY



- 1. CALL OTHERS TO HELP YOU, SHOUTING:  
'THERE'S A PERSON IN THE WATER!'**
- 2. STAND BACK FROM THE EDGE**



- 3. SHOUT ENCOURAGEMENT: 'KICK YOUR LEGS'**
- 4. STAND ON THE ROPE TO SECURE IT**
- 5. THROW THE RINGBUOY UNDERARM PAST THE  
PERSON AND PULL IT BACK TOWARDS THEM**
- 6. SHOUT: 'RINGBUOY, RINGBUOY, RINGBUOY!'**
- 7. TELL THE PERSON TO HOLD THE RINGBUOY**
- 8. REASSURE AND SLOWLY PULL THEM TO LAND**

**REPORT LOST, STOLEN OR  
DAMAGED RINGBUOYS AT:  
[RINGBUOYS.IE](http://RINGBUOYS.IE)**

**CALL 911 FOR HELP AND EMERGENCY SERVICES**